



Oaks at Riverview Senior Center



March 2010 - PHONE (813) 272-6827

ONGOING ACTIVITIES

MONDAY THRU FRIDAY 7:30 A.M. – 5:00 P.M.
(except where noted)

Monday through Friday

7:30-9:30	Coffee and Music, Social Exercise
9:00	Welcome Sunshine line
10:00	Exercise
11:30	Lunch
1:00	Game Room activities
2:30-5:00	Individual Choice

Caregiver's Support Meeting - 3/18/2010 @ 1:00 P.M.

General Use Computers/Internet Access – Daily, 7:30 A.M. – 5:00 P.M.

Dominoes - Daily, 7:30 A.M. – 5:00 P.M.

Billiards - Daily, 7:30 A.M. – 5:00 P.M.

Exercise Equipment available for use - 7:30 A.M. – 5:00 P.M.
Bring a buddy.

Senior Groups Seeking Meeting Space?
Call Kathy at 272-6827 for room availability

Blood Pressure Checks - Mon through Fri - 8:00 - 4:30 P.M.



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Senior Center Calendar

101 E Kirby St.
Tampa Fl. 33604

Hours: 7:30 a.m. - 5:00 p.m.

Kathy Liverpool, Center Manager
Paulette Rooksberry, L.P.N.
George Paulose, Senior Case Manager
Mayra Laporte, Senior Recreation Therapist

The mission of the Department of Aging Services is to provide essential social and health services to older adults, promote social, physical and economic and emotional well-being to encourage maximum independence and improve the quality of life for older adults and their caregivers.