



Plant City Senior Center

NOVEMBER 2010 - PHONE (813) 757-3824



ONGOING ACTIVITIES

MONDAY THRU FRIDAY 8:00 A.M. – 5:00 P.M.
(except where noted)

- 8:00-9:30 Coffee and Music
- 9:30 Senior Exercise
- 10:00 Dominoes and National News with staff.
- 10:30 Group Activity
- 11:00 Social Exercise
- 12:00 Lunch
- 12:30 Walking Club
- 12:40 Current Events/Horoscopes
- 2:00 Courtroom Drama discussion
- 2:00-5:00 Individual Choice including Wii Interactive Games

SPECIAL ACTIVITIES

- November 4th Social Issue: Loneliness
- November 5th Talent Show at Brandon Rec. Center (510 Sadie St. Call for more information)
- November 8th Dacco Presentation
- November 11th Center Closed Veterans Day
- November 18th Health Issue: Diabetes
- November 25th Center Closed Thanksgiving Day
- November 26th Center Closed Family Day
- November 30th Dacco Presentation
- Blood Pressure Screening by the nurse 8 A.M. – 5 P.M., 2nd and 4th week of the month
- Wii Games: Call Janet & Marina for availability.
- Hot Lunches – Sign up in Advance.
- Computers Available Daily from 8:00 A.M. to 5:00 P.M.



Plant City

Senior Center Calendar

1205 S. Waller St.
Plant City, FL 33563

HOURS: 8:00 a.m. - 5:00 p.m.

JANET HORTON-VINES, HSS ,
ACTING CENTER MANAGER
MARINA ZAMORA, SR. CASE MANAGER
CARMEN HUNT, L.P.N.
GERALD C. RANDOLPH, SR. RECREATION THERAPIST

The mission of the Department of Aging Services is to provide essential social and health services to older adults, promote social, physical, economic and emotional well-being to encourage Maximum independence and improve the quality of life for older adults and their caregivers.