



RUSKIN

Adult Day Care Activities / NOVEMBER 2010



RUSKIN

HOURS OF OPERATION:
7:30 A.M. - 5:00 P.M.

LOCATION:
901 6TH ST. SE
RUSKIN, FL 33570
PHONE: 672-1106
ELDER HELPLINE: 1-800-963-5337

STAFF:
MICHELLE INGRAM, HUMAN SERVICES SUPERVISOR/
UHURA CHERRY, LPN
GERALD C. RANDOLPH SR. RECREATIONAL THERAPIST

MEETINGS:
CAREGIVER SUPPORT GROUP MEETING:
11/ @ 1:00 PM
RESPITE: 11/20 @ 9AM-2:30 PM.



MONDAY THROUGH FRIDAY

- 7:30-9:30 COFFEE AND MUSIC, SOCIAL EXERCISE
- 9:45 HOROSCOPES CURRENT EVENTS
- 10:00 GROUP ACTIVITY
- 11:30 SENIOR EXERCISE
- 12:00 LUNCH
- 12:45 RELAXATION ON THE LANAI
- 1:00 GROUP ACTIVITY
- 2:30-5:00 INDIVIDUAL CHOICE

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| <p>1 9:45 WORD GAMES WITH CAROLINE</p> <p>11:00 DAACO: PRESENTATION</p> <p>1:00 RING TOSS</p> | <p>2 10:00 BINGO</p> <p>1:00 INSPIRATIONAL READING</p> <p>1:00 WII GAMES </p> | <p>3 9:30 MEN'S CLUB</p> <p>10:00 SOCIAL ISSUE</p> <p>1:00 HORSESHOES</p> | <p>4 10:00 BINGO</p> <p>1:00 BOWLING </p> | <p>5 10:00 TABLETOP ACTIVITIES</p> <p>1:00 SING A LONG</p> <p>TALENT SHOW AT BRANDON RECREATION CENTER</p> |
| <p>8 9:45 WORD GAMES WITH CAROLINE</p> <p>1:00 FAMOUS FACES</p> | <p>9 10:00 VFW BINGO</p> <p>11:00 VOLUNTEER TRAINING</p> <p>1:00 INSPIRATIONAL READING</p> <p>1:00 WII GAMES</p> | <p>10 9:30 MENS CLUB</p> <p>10:00 VETERAN'S WORD GAME</p> <p>11:00 VETERAN'S MEMORIAL CEREMONY</p> <p>1:00 VETERAN'S DAY PARTY</p> | <p>11 SENIOR CENTER CLOSED IN OBSERVANCE OF VETERAN'S DAY</p> | <p>12 10:00 PENNY JAR</p> <p>1:00 MOVIE AND POPCORN </p> |
| <p>15 9:45 WORD GAMES WITH CAROLINE</p> <p>1:00 BINGO</p> | <p>16 10:00 HEALTH ISSUE WITH CHERRY – NATIONAL MEMORY SCREENING</p> <p>1:00 INSPIRATIONAL READING</p> <p>1:00 WII GAMES</p> | <p>17 9:30 MENS CLUB</p> <p>10:00 CRAFT WITH JOANNE – INDIAN CORN</p> <p>11:00 USF JOHNNY BYRD SPEAKER</p> <p>1:00 CULTURAL ISSUE – NATIVE AMERICAN INDIANS</p> | <p>18 10:00 VFW POST 8018 WILL BE HOSTING THE BINGO</p> <p>1:00 CREATIVE STORYTELLING WITH JULIE</p> | <p>19 10:00 PUMPKIN PIE HISTORY AND SAMPLES</p> <p>12:30 NUTRITION EDUCATION SPONSORED BY THE HEALTH DEPARTMENT</p> <p>1:00 MOVIE AND POPCORN</p> <p>CAREGIVER'S RECEPTION</p> |
| <p>22 9:45 WORD GAMES WITH CAROLINE</p> <p>10:00 PODIATRIST DR. LEE</p> <p>1:00 "TABLETOP SHUFFLEBOARD"</p> | <p>23 10:00 BINGO</p> <p>11:00 "DAACO PRESENTATION"</p> <p>1:00 INSPIRATIONAL READING</p> <p>1:00 WII GAMES</p> | <p>24 9:30 MEN'S CLUB</p> <p>10:00 TARGET BALL</p> <p>12:30 BIRTHDAY BASH</p> <p>1:00 PIN THE HAT ON THE TURKEY</p> | <p>25 SENIOR CENTER CLOSED IN OBSERVANCE OF THANKSGIVING </p> | <p>26 SENIOR CENTER CLOSED IN OBSERVANCE OF THANKSGIVING</p> |
| <p>29 9:45 WORD GAMES WITH CAROLINE</p> <p>1:00 REMINISCING</p> | <p>30 10:00 BINGO</p> <p>1:00 INSPIRATIONAL READING</p> <p>1:00 WII GAMES</p> |  | |  <p>The mission of Hillsborough County government is to provide effective quality service at a reasonable cost with courtesy, integrity, and accountability in a manner that protects and enhances the quality of life of our diverse population</p> |