



WIMAUMA SENIOR CENTER

NOVEMBER 2010 - PHONE (813) 671-7672

ONGOING ACTIVITIES AVAILABLE
 MONDAY THRU FRIDAY 9:00 a.m. until 3:00 p.m.
 (except where noted)

Trailblazers Walking Program 10:30 a.m. Mon. - Fri.
 (Weather Permitting)

Chair Aer-obics, Tone-n-Stretch – 11:15 a.m. Tues & Thursdays

Bingo every Wednesday @ 11:15 a.m.

Monthly wellness educational programs (call for dates)

- Nov. 1st Intergenerational Sessions by HopeFund
- Nov. 5th Senior Talent Show @ Brandon Recreation Center
 (501 E. Sadie Street Brandon, FL)
- Nov. 8th Sewing Circle Club – Project for Hospice
- Nov. 11th Cuisine Critique Club @ 10:45 a.m.
- Nov. 15th Country Style Thanksgiving Celebration
- Nov. 29th Support our Troops Reviews

- Computer/Internet access, Mon – Fri., 9:00 a.m. - 3:00 p.m.
- Free blood pressure screening by the Nurse every fourth Thurs. @ 10:30 a.m.
- Hot lunch daily at 12:00 p.m. Please call the center for more information
- Special Interest Book Trading Club, Fridays

COUNTY HOLIDAYS - SENIOR CENTER IS CLOSED on Nov 11, Nov 25th & Nov 26th.

Senior groups seeking meeting space?
 Contact: Claudia @ 671-7672



Wimauma Senior Center Calendar

5714 North St
 Wimauma, FL 33598

HOURS: 9:00 a.m. – 3:00 p.m.

CLAUDIA WALTON, CENTER COORDINATOR
ELDER HELPLINE: 1-800-963-5337

The mission of the Department of Aging Services is to provide essential social and health services to the elderly, promote social, physical and economic and emotional well-being to encourage maximum independence and improve the quality of life for seniors and their caregivers.