



## Busansky Senior Center List of Events for Active Seniors May 2012

Steve McClure, Center Manager  
(mcclures@hillsboroughcounty.org)  
Maria Lazaro, Sr. Case Manager  
Pamela Ferrell, LPN  
Paula Jory, Senior Recreational Therapist

HOURS: 7:30 a.m. to 5:00 p.m.  
Monday - Friday, Excluding Holidays  
4102 W. Spruce Street  
Tampa, FL 33607  
(813) 554-5160

### ONGOING ACTIVITIES

- Air Hockey Table, Dominoes, Table Tennis, Wii Games and Board Games - available daily
- Blood Pressure Screenings - available Tuesdays
- Bridge Club - every Tuesday at 11:30 a.m. (everyone welcome)
- Computers with Internet Access for General Use - available every day except Thursday
- Computer Classes - Thursday and Friday at 9:00 a.m., 10:00 a.m. and 1:00 p.m. (call 554-5160 for Registration)
- Exercise Class - Everyday at 10:00 a.m. in the Conference Room
- French Class - Tuesday at 10:00 a.m.
- Fitness/Exercise Room - available anytime (Release Form & Buddy Required)
- Hot Lunch - Call the center at 554-5160 to initiate registration for the Program
- Latin Dance Party - Fridays and Movie Days at 12:30 p.m.
- Meeting Space - available for Senior Groups - Call Steve at 554-5160
- Pet Therapy - Labrador on Mon. at 12:15 a.m., Greyhound on Thursday at 12:15 p.m.
- Spanish Group - every Wednesday at 12:30 p.m.
- Virtual Sports - XAVIX Brand Bowling, and Fishing available daily

### SPECIAL ACTIVITIES

- May 1 Advisory Council Meeting at 2:00 p.m.
- May 8 Tampa Fire Department presents Fire Prevention at 10:30 a.m.
- May 9 Entertainment: "Brandon's Sweetheart" Kay Lewis at 12:30 p.m.
- May 10 Elder Affairs Day at the Oaks of Riverview Senior Center
- May 11 "Breakfast Basics" presented by the Health Department at 10:30 a.m.
- May 15 WCFAAA Presents: "Be MedSmart" 10:30 a.m., Caregivers Invited
- May 16 Pajama Party at 10:30 a.m.
- May 16 Round Table Discussion with center participants at 2:00 p.m.
- May 17 Social Issue: "How Can Social Issues Effect The Life Of Seniors" presented by the LPN at 10:30 a.m.
- May 18 Senior Prom at Brandon Recreation Center
- May 22 Health Issue: "Arthritis" presented by the LPN at 10:30 a.m.
- May 23 "Journey's End - 3 Places to Remember On Memorial Day" - presented at 10:30 a.m.
- May 25 Beach Party at 12:30 p.m.
- May 25 Caregiver Support Group at 3:00 p.m.
- May 28 **Memorial Day - The center will be Closed**
- May 29 Cultural Issue: "Jewish Americans" presented at 12:30 p.m.
- May 30 National Health and Fitness Day Activities including:  
Florida Hospital Speaker: "Falls" at 10:30 a.m.  
American Red Cross Speaker: "Balance" at 1:00 p.m.
- May 31 Birthday Celebration (for all birthdays within the month) at 12:00 p.m.

The mission of the Division of Aging Services is to provide essential social and health services to the older adults, promote social, physical and economic and emotional well-being to encourage maximum independence and improve the quality of life for older adults and their caregivers.