



## The Oaks at Riverview Senior Center List of Events for Active Seniors

### May 2012

STAFF: Stephanie Warmack, Center Manager  
(WarmackS@hillsboroughcounty.org)

George Paulose, Senior Case Manager  
Paulette Rooksberry, LPN  
Paula Jory, Senior Recreational Therapist

HOURS: 7:30 a.m. to 5:00 p.m.  
Monday - Friday, Excluding Holidays  
101 E. Kirby Street  
Tampa, FL 33604  
(813) 272-6829

### ONGOING ACTIVITIES

- Basic Computer Skills - Monday and Wednesday, 12:30 p.m. - 1:30 p.m.
- Billiards, Dominoes, Cards and Table Games - Available daily
- Bridge Club - Friday at 1:00 p.m.
- Blood Pressure Screenings - Available daily
- Computers with Internet Access for General Use - Available daily
- Exercise Equipment - Available daily, Doctor's release required
- Hot Lunch - Call the center to initiate registration for the Program, 272-6829
- La Familia - Monday at 11:00 a.m.
- Latin Group - 2<sup>nd</sup> and 4<sup>th</sup> Friday at 11:00 a.m.
- Meeting Space - available for senior groups - Call Stephanie, 272-6829
- Senior Group Discussion - Wednesdays 10:30 a.m.

### SPECIAL ACTIVITIES

- May 4<sup>th</sup> Cinco de Mayo Fiesta at 12:30 p.m.
- May 8<sup>th</sup> Advisory Committee Meeting, at 12:00 p.m.
- May 9<sup>th</sup> Health Department Presentation: "Breakfast Basics" at 11:30 a.m.
- May 10<sup>th</sup> Elder Affairs Day
- May 11<sup>th</sup> Health Issue: "Putting Pain In It's Place" presented at 10:30 a.m.
- May 16<sup>th</sup> Health Department Presentation: at 11:30 a.m.
- May 16<sup>th</sup> Caregiver Support Group Meeting at 1:00 p.m.
- May 18<sup>th</sup> Senior Prom at Brandon Community Center at 9:00 a.m.
- May 22<sup>nd</sup> Arm Chair Travel to Dubai at 12:30 p.m.
- May 24<sup>th</sup> Tampa Fire Department - "Fire Prevention" at 10:30 a.m.
- May 24<sup>th</sup> Cultural Issue: Hispanic Countries presented at 12:30 p.m.
- May 25<sup>th</sup> Social Issue: Food Safety at 10:30 a.m.
- May 25<sup>th</sup> Monthly Birthday Party at 12:30 p.m.
- May 28<sup>th</sup> Memorial Day Holiday - The Center is Closed
- May 30<sup>th</sup> National Health & Fitness Day

The mission of the Division of Aging Services is to provide essential social and health services to the older adults, promote social, physical and economic and emotional well-being to encourage maximum independence and improve the quality of life for older adults and their caregivers.