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HILLSBOROUGH COUNTY NEWS

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FOR IMMEDIATE USE

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Hillsborough County Celebrates Older Americans Month

Who: Hillsborough County Senior Citizens

What: Older Americans Month activities

When: Entire Month of May

Where: Various Locations

May is Older American's Month and Hillsborough County's Department of Aging Services will join the rest of the nation in celebrating and honoring our older adults. This year's theme is *Age Strong, Live Long!*, and we, as a nation and county, must recognize the diversity and vitality of today's older Americans who span three generations. They have lived through wars and hard times, as well as periods of unprecedented prosperity.

Aging Services has planned a variety of activities to celebrate the remarkable achievements and strength of Older Americans, and underscore the debt of gratitude we owe to the generations that have given our society so much.

Aging Services will host the following events this May:

Thursday, May 20, 10 a.m.- 3 p.m.

Annual Elderly Affairs Day

Oaks at Riverview Community & Senior Center, 101 E. Kirby St. in Tampa

Hillsborough County Aging Services and the Tampa Housing Authority are co-sponsoring a day of fun for seniors. Activities include a health fair with screenings, live music, dancing and prizes.

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Friday, May 21, 9 a.m.-2 p.m.

Seniors' Prom

Brandon Recreation Center, 502 E. Sadie St. in Brandon

This year's Seniors' Prom theme is *Around the World in 80 Days*, each Senior Center will represent a country from around the world. The event will have a crowning of King and Queen, dancing, food, games, and music.

Wednesday, May 26, All Day

National Senior Health and Fitness Day

Hillsborough County Aging Services will host various exercise and nutrition education activities at each of our eight Senior Centers.

- Brandon Senior Center, 612 E. Parsons Ave. in Brandon, (813) 635-8064
- Lutz Senior Center, 112 First Ave. N.W. in Lutz, (813) 264-380
- Oaks at Riverview, 101 E. Kirby St. in Tampa, (813) 272-6827
- Plant City Senior Center, 1205 S. Waller St. in Plant City, (813) 757-3824
- Ruskin Senior Center, 905 6th St. S.E. in Ruskin, (813) 672-1106
- Town N' Country Senior Center, 7606 Paula Dr. in Tampa, (813) 873-6336
- Westshore Senior Center, 4102 W. Spruce St. in Tampa, (813) 554-5156
- Wimauma Senior Center, 5714 North St. in Wimauma, (813) 671-7672

For more information on any of these events, residents should call Aging Services at (813) 272-6630.

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