

# Cyberbullying Resources

## Local Resources:

Crime Stoppers of Tampa Bay

- [www.crimestopperstb.com](http://www.crimestopperstb.com)
- [www.P3tips.com](http://www.P3tips.com)
- 1 (800) 873-8477

Crisis Center of Tampa Bay

- [www.crisiscenter.com](http://www.crisiscenter.com)
- Dial 211

Report a bully in Hillsborough County

- [www.sdhc.k12.fl.us/doc/list/bullying-prevention/about/125-516](http://www.sdhc.k12.fl.us/doc/list/bullying-prevention/about/125-516)

Hillsborough County Tip411

- Sheriff's office tip-line app can be downloaded for Apple and Android.
- Search HCSOSHERIFF

## National Resources:

Information on using the internet and social media safely:

- [www.connectsafely.org](http://www.connectsafely.org)

Cyberbullying Research Center

- [www.cyberbullying.org](http://www.cyberbullying.org)

National anti bullying and cyberbullying organization

- [www.stompoutbullying.org](http://www.stompoutbullying.org)

## Hillsborough County Anti-Bullying Advisory Committee



Created to provide advice and recommendations to curb and eliminate all forms of bullying throughout Hillsborough County.

#ThroughTheirEyes



[hcflgov.net/bullyingfreehillsborough](http://hcflgov.net/bullyingfreehillsborough)

FaceBook:

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# Hillsborough County Florida

## Cyberbullying

### *Facts and Resources for Parents*

Developed by:

The Hillsborough County Anti-Bullying Advisory Committee

In partnership with:

The University of South Florida

## Facts and Statistics about Cyberbullying

- Girls are twice as likely as boys to be the victims *and* perpetrators of cyberbullying.
- Bullying victims are 2 – 9 times more likely to consider committing suicide.
- 70% of students report seeing frequent bullying online.



- Cyberbullying messages and images can be posted anonymously, distributed quickly, and are extremely difficult to delete or remove once posted.

- Nearly 43% of kids have been bullied online.
- Cyberbullying can happen 24 hours a day, 7 days a week.
- Only 1 in 10 victims will inform a parent or trusted adult of their abuse.



- 81% of kids think bullying online is easier to get away with than bullying in person.
- 25% of teens report that they have experienced repeated bullying on their phones and the internet.
- 83% of students who had recently experienced cyberbullying had also recently been bullied at school.

## How Parents Can Help

- Set up email and chat accounts with your kids. Make sure you know their screen names and passwords.
- Familiarize yourself with a list of commonly used online acronyms.
- Discuss the dangers of cyberbullying with your kids.
- ***Make it clear that your kids won't be blamed if they are the victim of cyberbullying and that you will not take away their computer privileges. This is often the main concern that prevents kids from reporting that they have been cyberbullied.***
- Should your child be the victim of cyberbullying, print out any hurtful messages or comments as proof.
- Talk to school personnel, like teachers and guidance counselors so that they can watch out for bullying at school.
- Keep the computer in a common area, instead of in your child's bedroom.
- Set computer time limits, and explain why you are doing so.
- Learn how various social media apps and websites work and ask your children to show you their profiles.